



# RICHMOND MARTIAL ARTS

Unit 150 - 11780 Hammersmith Way, Richmond, BC V7a 5E9

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[www.richmondkicks.com](http://www.richmondkicks.com)



## Dragons

PROGRAM	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
<b>Tiny Dragons</b> (Ages 2-3)	6:30 - 6:50	6:00 - 6:20	6:30 - 6:50	6:00 - 6:20	6:30 - 6:50	11:30 - 11:50	2:30-2:50
<b>Junior Dragons</b> (Ages 4-6)	6:00 - 6:30 7:00 - 7:30	3:30 - 4:00	6:00 - 6:30 7:00 - 7:30	3:30 - 4:00	4:00 - 4:30	11:00 - 11:30	12:00 - 12:30
<b>Advanced Dragons</b> (Ages 5-6)	6:00 - 6:30	3:30 - 4:00	6:00 - 6:30	3:30 - 4:00	-	12:00 - 12:30	12:00 - 12:30

## JUNIOR BEGINNER - Ages 7-9

PROGRAM	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
<b>Basic</b>	4:00 - 4:45	5:00 - 5:45 6:30 - 7:15	4:00 - 4:45	5:00 - 5:45 6:30 - 7:15	4:30 - 5:15 5:30 - 6:15	12:30 - 1:15	12:30 - 1:15
<b>Black Belt Club</b>	4:00 - 5:00	5:00 - 6:00 6:30 - 7:30	4:00 - 5:00	5:00 - 6:00 6:30 - 7:30	4:30 - 5:30 5:30 - 6:30	12:30 - 1:30	12:30 - 1:30

## JUNIOR INTERMEDIATE - Ages 9-12

PROGRAM	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
<b>Basic</b>	5:00 - 5:45	4:00 - 4:45 6:30 - 7:15	5:00 - 5:45	4:00 - 4:45 6:30 - 7:15	4:30 - 5:15 5:30 - 6:15	12:30 - 1:15	1:30 - 2:15
<b>Black Belt Club</b>	5:00 - 6:00	4:00 - 5:00 6:30 - 7:30	5:00 - 6:00	4:00 - 5:00 6:30 - 7:30	4:30 - 5:30 5:30 - 6:30	12:30 - 1:30	1:30 - 2:30
<b>Masters Club</b>	-	5:00 - 6:00	-	5:00-6:00	-	1:30 - 2:30	12:30 - 1:30

## JUNIOR BLACK BELT - Ages 9-12

PROGRAM	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
<b>Black Belt</b>	5:00 - 6:00	4:00 - 5:00	5:00 - 6:00	4:00 - 5:00	5:30 - 6:30 (Green - 1st Degree)	-	1:30 - 2:30

## HYPHER PRO TRAINING Ages 7-11

PROGRAM	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
<b>Hyper Pro</b>	-	6:00 - 6:45	-	6:00 - 6:45	-	2:30 - 3:30	-